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Ovid® Synthesis

# How a large healthcare system enriched the quality of education in its nurse residency program



# AdventHealth selects Ovid Synthesis to advance EBP and QI

## The challenge

AdventHealth, a non-profit healthcare system headquartered in Florida, operates 51 hospital campuses and hundreds of care sites throughout nine states, with 83,000 caregivers in physician practices, hospitals, outpatient clinics, skilled nursing facilities, home health agencies, and hospice centers.

Quality and service excellence are AdventHealth's primary values. The healthcare system meets these goals through ongoing advances in quality improvement (QI) at clinical sites and in the system's educational programs.

The West Florida Division of AdventHealth launched a 12-month nurse residency program in February 2022. The program onboarded over 500 nurse residents within the first year. The residency began with a preceptorship, requiring students to partner with an experienced nurse on their unit for three months, and then continued with a nine-month transition to practice. As a program requirement, residents were asked to complete an evidence-based practice (EBP) project.

In the early days of EBP projects, AdventHealth used an outdated template for students, requiring handwritten responses for a resident's PICO (Patient/Population/Problem, Intervention, Comparison, and Outcomes) question. There were no standard requirements for content or format and no faculty oversight of EBP projects across the program.

## The solution: Ovid Synthesis

AdventHealth replaced its outdated pen-and-paper methods with Ovid Synthesis to help meet its goals for EBP and QI projects.

Ovid Synthesis is an evidence-based practice workflow solution, built in partnership with top healthcare leaders, that seamlessly guides residents through their EBP projects from PICO to poster. The solution empowers residents to contribute to the culture of EBP by enriching curricula and training. It enables collaboration between mentors and mentees while ensuring standards are met.

The AdventHealth team knows that inadequate oversight of resident projects is a common problem for leadership. Ovid Synthesis prioritizes staff oversight, providing a high-level executive dashboard to view and track resident projects in real time and help decrease duplicative efforts.

Ovid Synthesis features built-in guidance for users with limited EBP and research backgrounds, which is ideal for residency programs. It decreases workload with organized templates, so educators can manage, coach, mentor, and provide resident feedback efficiently.

AdventHealth was searching for a technology solution with a formalized and standardized EBP process for students and educators to track the progress of projects. During their search, AdventHealth established several goals, including:



Improved EBP training and development for residents and educators



Standardized processes for EBP projects across all geographically diverse campuses



Increased control over the research program



Reduced duplicative efforts and time spent on project oversight.

***“We use Ovid Synthesis to help us bring together our EBP projects across the Division. It allows our residents to work together and communicate better. In turn, this helps them make progress with their EBP projects and share important information that can improve clinical practices and patient outcomes across our campuses.”***

Megan Milbourne, MSN, RD, CCRN, Learning Operations Manager  
AdventHealth West Florida Division

### The results

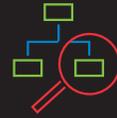
AdventHealth began its journey with Ovid Synthesis by training residency program educators and leadership from each campus on the product. The introduction consisted of small live group sessions and video training supported by the Ovid Synthesis Implementation team at Wolters Kluwer.

The AdventHealth team decided to onboard residents between weeks 6-12 of the program. Early access to Ovid Synthesis, towards the program's beginning, helps them prepare for their monthly professional development workshops, including career mapping and EBP.

Ovid Synthesis has made it easier for residents to accomplish their research while advancing their skills and improving confidence levels, ultimately leading to improved outcomes as they transition to practice.

After just 10 months of use, the West Florida Division has trained over 600 nurse residents in the use of Ovid Synthesis – a significant accomplishment in a short timeframe.

The residency leadership at AdventHealth has found that Ovid Synthesis provides:



Superior tracking capabilities and expanded oversight of projects, leading to more transparency and better communication across the entire western Florida Division



Streamlined communications between residents and mentors, resulting in more efficient coordination and faster completion times



Reduced manual effort and time spent tracking down papers, equating to significant time and resource savings for educators with the new streamlined workflow.

Scan the QR code to visit the Ovid Synthesis website to learn more, or contact [sales@ovid.com](mailto:sales@ovid.com) for a personalized demo.

[www.wolterskluwer.com/en/solutions/ovid/platforms-products/ovid-synthesis](http://www.wolterskluwer.com/en/solutions/ovid/platforms-products/ovid-synthesis)

