



UpToDate® Quick Reference Guide

Get clinical answers at the point of
care with evidence-based clinical
decision support



Answer Clinical Questions with UpToDate®

1 Enter a Keyword or Phrase

Be specific for best results

View Practice Changing UpDates (PCUs).

See a full list of Lab Interpretation.¹

Learn "What's New" by specialty.

Search with auto-complete.

Modify your user name and password or update your account information.

The screenshot shows the UpToDate homepage. At the top, there is a navigation bar with 'Contents', 'Calculators', 'Drug Interactions', and 'UpToDate Pathways'. Below this is a 'What's New' section with a dropdown menu containing 'Practice Changing UpDates', 'Lab Interpretation', 'Drug Information', 'Patient Education', 'Topics by Specialty', and 'Authors and Editors'. A search bar contains the text 'diabetes ma'. To the right, a user profile for 'John Smith' is visible with options for 'History', 'Most Viewed', 'Bookmarks', 'My Account', 'CME / MOC / State', 'Language', 'Manage Cookie Preferences', 'Help', and 'Log Out'. Below the search bar, there is a list of 'Today' topics including 'COVID-19: Epidemiology, virology, and prevention', 'Immobile arm in children', 'Group B streptococcal infections in nonpregnant adults', and 'Prognosis of heart failure'. A date filter for 'March 10, 2023' is also present, with a topic 'Overview of general medical care in nonpregnant adults with diabetes mellitus' listed below.

Search UpToDate topics in multiple languages.

Revisit information you find most valuable.

2 Review Search Results

Results display the topics, sections and graphics that are most likely to answer your clinical question.

Access UpToDate® Lexidrug™ drug interactions tool.

View list of UpToDate® Pathways by specialty.¹

Prioritize the order in which topics appear on the search results page or filter your search over Graphics only.

Calculate many different medical measures.

Use sub-sections for easy navigation.

The screenshot shows the search results page for 'diabetes management'. The search bar contains 'diabetes management'. Below the search bar, there are filters for 'All', 'Adult', 'Pediatric', 'Patient', and 'Graphics'. The main content area shows 'Showing results for diabetes management' and 'Search instead: diabetes mellitus management, arginine-vasopressin disorders (diabetes insipidus) management'. The first result is 'Overview of general medical care in nonpregnant adults with diabetes mellitus'. The text below the title states: '...need of insulin therapy should be managed by or in consultation with an endocrinologist, if at all possible. The decision to refer to an endocrinologist with expertise in diabetes management usually hinges ...'. Below this text are sub-sections: 'Pharmacologic therapy for hyperglycemia', 'Summary and recommendations', 'Glucose-lowering rx in T2DM approach', and 'Monitoring in diabetes mellitus'. On the right side, there is a 'show graphics (8)' button and a table of contents for the topic, including 'SUMMARY AND RECOMMENDATIONS', 'INTRODUCTION', and 'EVALUATION'. Under 'EVALUATION', there are sub-sections: 'Diabetes-related complications', 'Routine eye examination', 'Routine foot examination', and 'Monitoring for increased urinary albumin excretion'.

Personalize your view by collapsing or expanding results or hiding the topic outline.

Hover over right edge of topic result to show full topic outline. Click a link to go to a specific section.



3 Research the Topic
More than 12,300 evidence-based medical topics provide the information you need for optimal patient care.

View a gallery of all graphics within each topic.

Link to information about authors and editors.

View notification(s) of clinically significant change to topic.

Search for a word or synonym within a topic.

Accrue free CME/CE/CPD credits.

Complete CME reflection questions in-topic.

Print text, references, graphics or the entire topic.

Bookmark content for quicker access.

View formulary status when prescribing medications.²

Share information via email.

View the date that the topic was last modified, based on continuous review of the latest research.

Provide valuable feedback by submitting questions and comments to our editors.

Click to view a Medline abstract with full text when available.

View a detailed outline within each topic.

Click to go directly to summary and treatment recommendations.

Click on a heading to go directly to the information you need.

View all graphics associated with a topic in a thumbnail format.

Access related topics to find additional information.

Note: Visual depicts a registered user accessing UpToDate and accruing CME credit

UpToDate is accredited and recognized by colleges, associations, and authorities from around the world, and is a globally accepted information resource and learning tool. To see if you can use UpToDate to fulfill CME requirements in your country, or specialty, please visit www.uptodate.com/cme for the most current list of CME requirements. It is up to each user to determine whether his or her use of UpToDate qualifies for CME in any particular country/specialty.

¹Lab Interpretation and UpToDate® Pathways are part of UpToDate® Advanced and can be added to UpToDate subscriptions for a fee. They are not available as standalone solutions.
²Formulink formulary management integration can be added to UpToDate subscriptions for a fee.



Contact us

Customer Support

To reach customer support for individual subscribers or users at an institution, please contact:

Email

customerservice@uptodate.com

Phone

1.800.998.6374 or +1.781.392.2000

Monday through Friday, 7a.m. – 9p.m. (Eastern time)