



UpToDate Patient Engagement[®] Content Roadmap 2024

Healthy living and aging, supporting mental health, new procedures

In 2024, our content roadmap will focus on:

- Enhancing our healthy aging suite to include the Natural Menopause and Alzheimer Disease
- Supporting mental health with our Substance Use Disorder program
- Expanding our public health offerings to include RSV Immunizing Shots
- Offering gender-affirming content with our Gender Affirming Mastectomy program

We will continue to modernize our offerings for the following existing programs:

- Inguinal Hernia
- Pre-surgical Procedure
- Smoking Cessation
- Diabetes Nutrition and Healthy Eating
- Cord Blood Storage Options
- Your Heart: Overview

2024 Content Roadmap

Emmi Program Name	Description	Estimated Release
RSV Immunizing Shots	New	Q1 2024
Your Heart: Overview	Re-release	Q1 2024
Inguinal Hernia	Re-release	Q1 2024
Natural Menopause	New	Q2 2024
What is Natural Menopause?: Overview	New Educate	Q2 2024
Managing Natural Menopause Symptoms: Overview	New Educate	Q2 2024
Natural Menopause; Managing Symptoms with Medicine	New Short-form	Q2 2024
Natural Menopause: Emotions During Menopause	New Short-form	Q2 2024
Natural Menopause: New Beginnings	New Short-form	Q2 2024
Alzheimer Disease	New	Q2 2024
Alzheimer Disease Changes: Overview	New Educate	Q2 2024

Alzheimer Disease: Preparing for Changes	New Short-form	Q2 2024
How to Measure Blood Pressure	New	Q2 2024
PAP for Sleep Apnea: Finding the Right Device	New Short-form	Q2 2024
Getting Used to Your PAP Device for Sleep Apnea: Overview	New Educate	Q2 2024
Interval Tubal Ligation: Your Body	New Short-form	Q2 2024
Interval Tubal Ligation: Your Decision	New Short-form	Q2 2024
Interval Tubal Ligation: Before Your Procedure	New Short-form	Q2 2024
Interval Tubal Ligation: Recovery	New Short-form	Q2 2024
Interval Tubal Ligation: Risks and Benefits	New Short-form	Q2 2024
Interval Tubal Ligation: Alternatives	New Short-form	Q2 2024
Postpartum Tubal Ligation: Your Body	New Short-form	Q2 2024
Postpartum Tubal Ligation: Your Decision	New Short-form	Q2 2024
Postpartum Tubal Ligation: Before Your Procedure	New Short-form	Q2 2024
Postpartum Tubal Ligation: Recovery	New Short-form	Q2 2024
Postpartum Tubal Ligation: Risks and Benefits	New Short-form	Q2 2024
Postpartum Tubal Ligation: Alternatives	New Short-form	Q2 2024
Pre-surgical Procedure	Re-release	Q2 2024
Getting Ready for a Procedure: Overview	New Educate	Q2 2024
Preparing for a Procedure: Before Your Procedure	New Short-form	Q2 2024
Preparing for a Procedure: After Your Procedure	New Short-form	Q2 2024
Preparing for a Procedure: General Risks	New Short-form	Q2 2024
Getting Ready for a Procedure: Overview	New Short-form	Q2 2024
Substance Use Disorder	New	Q3 2024
Understanding Substance Use Disorders: Overview	New Educate	Q3 2024
Substance Use Disorder: Tips to Cut Down or Stop Using Substances	New Short-form	Q3 2024

Lumpectomy for Malignancy: Your Body	New Short-form	Q3 2024
Lumpectomy for Malignancy: Before Your Surgery	New Short-form	Q3 2024
Lumpectomy for Malignancy: Recovery	New Short-form	Q3 2024
Lumpectomy for Malignancy: Risks and Benefits	New Short-form	Q3 2024
Lumpectomy for Malignancy: Alternatives	New Short-form	Q3 2024
Gender Affirming Mastectomy	New	Q3 2024
Gender-affirming Mastectomy: What is Top Surgery?	New Short-form	Q3 2024
Your Goals for a Gender-affirming Mastectomy: Overview	New Educate	Q3 2024
Gender-affirming Mastectomy: Before Your Procedure	New Short-form	Q3 2024
What Happens During a Gender-affirming Mastectomy?: Overview	New Educate	Q3 2024
Gender-affirming Mastectomy: Recovery	New Short-form	Q3 2024
Gender-affirming Mastectomy: Risks and Benefits	New Short-form	Q3 2024
Gender-affirming Mastectomy: Alternatives	New Short-form	Q3 2024
Dementia Basics: What Can You Expect?	New Short-form	Q3 2024
Managing Dementia: Overview	New Educate	Q3 2024
Dementia Caregiver: Communication	New Short-form	Q3 2024
Dementia Caregiver: Day to Day	New Short-form	Q3 2024
Common Behavior Changes With Dementia: Overview	New Educate	Q3 2024
Dementia Caregiver: Caregiver Support	New Short-form	Q3 2024
Cord Blood Storage Options	Re-release	Q3 2024
Chemotherapy: Getting Chemotherapy	New Short-form	Q3 2024
Chemotherapy: Life During Treatment	New Short-form	Q3 2024
Common Concerns About Chemotherapy: Overview	New Educate	Q3 2024
Chemotherapy: Possible Side Effects	New Short-form	Q3 2024
Diabetes Nutrition and Healthy Eating	Re-release	2024

Smoking Cessation	Re-release	Q4 2024
Smoking Cessation: Thinking About Quitting	New Short-form	Q4 2024
Smoking Cessation: Benefits of Quitting	New Short-form	Q4 2024
Smoking Cessation: What You Can Do	New Short-form	Q4 2024
Interventional Radiology: Oncology	New	TBD
How to Give a Pen Injection	New	TBD
What is Insulin?: Overview	New Educate	TBD
Diabetes - Injecting Insulin: The Insulin Syringe	New Short-form	TBD
How to Inject Insulin with a Syringe: Overview	New Educate	TBD
How to Inject Insulin with a Pen: Overview	New Educate	TBD
Diabetes- Injecting Insulin: Rotating Injection Sites	New Short-form	TBD
Pneumonia: Recovering from Pneumonia	New Short-form	TBD
Pneumonia: Prevention	New Short-form	TBD
What is an Umbilical Hernia?: Overview	New Educate	TBD
Umbilical Hernia: Before Your Surgery	New Short-form	TBD
Umbilical Hernia: Recovery	New Short-form	TBD
Umbilical Hernia: Risks and Benefits	New Short-form	TBD
Umbilical Hernia: Alternatives	New Short-form	TBD
Postpartum Care (Emotional): Emotional Health	New Short-form	TBD
Postpartum Care (Emotional): Taking Care of Yourself	New Short-form	TBD
Preventing Low Bone Mass and Osteoporosis: Lifestyle	New Short-form	TBD
Preventing Low Bone Mass and Osteoporosis: Bone Density Test	New Short-form	TBD

Update Content Roadmap

Emmi Program Name	Description	Estimated Release
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Postpartum Depression*	Update	Q1 2024
DVT: About	Update	Q1 2024
Breast Cancer (Early-Stage, Invasive): Treatment Options*	Update	Q1 2024
Gestational Diabetes	Update	Q1 2024
Total Hip Replacement: Full Program	Update	Q1 2024
Total Hip Replacement: Basics	Update	Q1 2024
Total Hip Replacement: Preparing for Surgery	Update	Q1 2024
Total Hip Replacement: Procedure	Update	Q1 2024
Total Hip Replacement: Recovery	Update	Q1 2024
Total Hip Replacement: Risks and Benefits	Update	Q1 2024
Total Hip Replacement: Alternatives	Update	Q1 2024
Pregnancy Symptoms: 3 rd Trimester	Update	Q1 2024
Right Heart Catheterization	Update	Q1 2024
Diabetes, Type 2	Update	Q1 2024
Total Knee Replacement: Full Program	Update	Q1 2024
Total Knee Replacement: Basics	Update	Q1 2024
Total Knee Replacement: Preparing for Surgery	Update	Q1 2024
Total Knee Replacement: Procedure	Update	Q1 2024
Total Knee Replacement: Recovery	Update	Q1 2024
Total Knee Replacement: Risks and Benefits	Update	Q1 2024
Total Knee Replacement: Alternatives	Update	Q1 2024
Catheter Ablation to Treat SVT (Supraventricular Tachycardia)	Update	Q1 2024
Catheter Ablation to Treat VT (Ventricular Tachycardia)	Update	Q1 2024
Hypertension	Update	Q2 2024
Navigating Health Insurance and the Healthcare System	Update	Q2 2024

PAP (Positive Airway Pressure) for Sleep Apnea	Update	Q2 2024
Carotid Endarterectomy	Update	Q2 2024
Diabetes – Foot Care	Update	Q2 2024
Postpartum Tubal Ligation	Update	Q2 2024
Interval Tubal Ligation	Update	Q2 2024
Anesthesia (Pediatric)	Update	Q2 2024
Early-Stage Breast Cancer: Adjuvant Treatment Options*	Update	Q2 2024
Transurethral Resection or Ablation of the Prostate	Update	Q3 2024
Breast Reconstruction Options	Update	Q3 2024
Breast Augmentation with Saline Gel-Filled Implants*	Update	Q3 2024
Carotid Endarterectomy	Update	Q3 2024
Palliative Care	Update	Q3 2024
Lumpectomy for Malignancy	Update	Q3 2024
Dementia: Basics	Update	Q3 2024
Dementia: Caregiver	Update	Q3 2024
Bariatric Informed Decision Making	Update	Q3 2024
Heart Disease: Medications*	Update	Q3 2024
Heart Disease: Lifestyle Changes*	Update	Q3 2024
When to Use the ED	Update	Q3 2024
Endovenous Ablation*	Update	Q3 2024
Crohn's Disease: Biological and Immunomodular Treatment Options*	Update	Q3 2024
Intro to an ACO	Update	Q3 2024
Chemotherapy	Update	Q3 2024
Pneumonia	Update	TBD
Blood Transfusion	Update	TBD

Angiogram with Possible PTA and Stenting: Lower Extremity	Update	TBD
D & C for First Trimester Termination*	Update	TBD
AV Graft for Fistula for Hemodialysis Access	Update	TBD
Gastroesophageal Reflux Disease	Update	TBD
Umbilical Hernia	Update	TBD
Female Urinary Incontinence	Update	TBD
Stress Test with Possible Echocardiogram	Update	TBD
Postpartum Care (Emotional)	Update	TBD
Bone Health: Keeping Your Bones Strong*	Update	TBD
Patient Satisfaction: Hospital or Birth Center Expectations	Update	TBD
Diabetes- Injecting Insulin: Vial and Pen	Update	TBD
Diabetes- Injecting Insulin: Pen	Update	TBD
Breast Reduction	Update	TBD

*Program's name will change upon release