The Time is Now for Opioid Stewardship

INCREASING URGENCY TO ADDRESS OPIOID USE ISSUES



COVID-19 IMPACT

2020 marks the worst year on record for opioid-related deaths. According to the CDC, over **81,000 drug overdose deaths** were reported June 2019-May 2020.



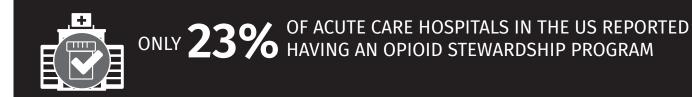
INTERNAL COST DRIVERS

Direct hospital costs for opioid-related admissions now reach \$20k per patient



ACCREDITATION PRESSURES

The Joint Commission's Pain Management Standards are gaining priority in hospital surveys.



Primary goals of an opioid stewardship program

- 1. Decrease opioid use
- 2. Reduce harm related to opioid use
- Identify and treat substance and opioid use disorders more effectively.



Data drives the dialogue – key metrics to reduce opioid use and manage risk

- 1. Exposure
- 2. General use on average MME per day, per patient
- 3. Utilization of multi-modal treatment
- 4. Patients at-risk for opioid-related adverse events

Elements for implementing or expanding an OSP

- 1. Engage leadership
- 2. Leverage pharmacy's expertise
- 3. Optimize data usage
- 4. Identify opioid use status
- 5. Operationalize pain management strategies
- 6. Deliver provider support and education

Sentri7[®] Pharmacy's CDS helps to operationalize and optimize opioid stewardship programs

MME-powered rules improve patient safety and standardizes care

- Rule content
- Real-time monitoring
- Care interventions

 ¹Centers for Disease Control and Prevention, Overdose Deaths Accelerating During COVID-19. https://www.cdc.gov/media/releases/2020/p1218-overdose-deaths-covid-19.html
²Ardeljan et al. Current state of opioid stewardship. Am J Health-Syst Pharm. 2020;77:636-643



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