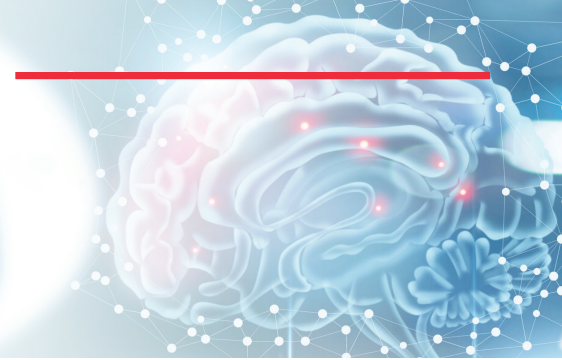# APA PsycTherapy®

APA PsycTherapy, the latest addition to the collection of APA resources on the Ovid® platform, is a unique clinical and counseling video training library—accessible from anywhere there's an internet connection.

Ideal for students, instructors, and therapists in clinical and counseling psychology, **APA PsycTherapy** features hundreds of videos of therapists and patients in counseling and psychotherapy sessions. And Ovid helps you find the specific video or therapist you're looking for quickly, with natural language, precision search functionality, and cutting-edge resource management tools.

Key features

- Anytime/anywhere access to 900 streaming videos of therapy sessions

- 20–40 hours of new content added annually

- 1,000 hours of training video content

- Sessions conducted by more than 190 master therapists

- Covers more than 250 topics and disorders and over 100 therapeutic approaches

- Approaches include integrated behavioral health care, CBT, and acceptance and commitment therapy

- Topics include addiction, anxiety, phobias, relationship issues, and depression

- Synchronized and downloadable transcripts

- Playlists of favorites and sharable video clips

- Searchable by topic, therapeutic approach, and therapist

- Searchable simultaneously with other APA resources on OvidGet precise results quickly with our psychology lexicon, which combines the power of APA's Thesaurus of Psychological Index Terms with our proprietary Basic Search natural language processing

900 streaming videos of renowned therapists in action

Benefits

- Observe actual therapists in counseling and psychotherapy sessions

- Keep up on the latest psychotherapy techniques

- Identify and compare different therapeutic approaches

- Develop therapeutic skills and improve as therapists

- Train the next generation of therapists and counselors

Wolters Kluwer

www.ovid.com

For faculty, students, and trainees in educational settings

- Observe how common therapeutic techniques are used in practice
- Spot where certain techniques are used in a counseling session
- Evaluate techniques from a clinical perspective
- Differentiate between various techniques and approaches
- Identify which techniques may not work with some patient types
- Watch patients exhibit their disorders with a therapist
- Review transcripts for study and exam prep

For therapists in active practice

- See the variety of different therapeutic methods
- Determine what approach may work best for patients
- Hone and improve therapeutic skills
- Learn how to incorporate new models and approaches into your practice
- Spot common obstacles faced by therapists during a counseling session

Request a free trial today!

For a complete list of APA resources available on Ovid®, please contact your Ovid® Representative or sales@ovid.com

What is the APA?

Founded in 1892, the American Psychological Association (APA) produces numerous resources covering the entire spectrum of topic areas in psychology, from addiction and stress to child psychology. Other APA resources on Ovid include APA PsycInfo®, APA PsycArticles®, APA PsycBooks®, APA PsycExtra®.

Wolters Kluwer

www.ovid.com