APA PsycTherapy®, the latest addition to the collection of APA resources on the Ovid® platform, is a unique clinical and counseling video training library—accessible from anywhere there's an internet connection.

Ideal for students, instructors, and therapists in clinical and counseling psychology, APA PsycTherapy features hundreds of videos of therapists and patients in counseling and psychotherapy sessions. And Ovid helps you find the specific video or therapist you’re looking for quickly, with natural language, precision search functionality, and cutting-edge resource management tools.

Key features

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900 streaming videos of renowned therapists in action

Benefits

• Observe actual therapists in counseling and psychotherapy sessions
• Keep up on the latest psychotherapy techniques
• Identify and compare different therapeutic approaches
• Develop therapeutic skills and improve as therapists
• Train the next generation of therapists and counselors

900 streaming videos of renowned therapists in action

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For faculty, students, and trainees in educational settings

- Observe how common therapeutic techniques are used in practice
- Spot where certain techniques are used in a counseling session
- Evaluate techniques from a clinical perspective
- Differentiate between various techniques and approaches
- Identify which techniques may not work with some patient types
- Watch patients exhibit their disorders with a therapist
- Review transcripts for study and exam prep

For therapists in active practice

- See the variety of different therapeutic methods
- Determine what approach may work best for patients
- Hone and improve therapeutic skills
- Learn how to incorporate new models and approaches into your practice
- Spot common obstacles faced by therapists during a counseling session

What is the APA?

Founded in 1892, the American Psychological Association (APA) produces numerous resources covering the entire spectrum of topic areas in psychology, from addiction and stress to child psychology. Other APA resources on Ovid include APA PsycInfo®, APA PsycArticles®, APA PsycBooks®, APA PsycExtra®.

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